

Nutrition Facts

Serving Size Entire Recipe 241g (241 g)

Amount Per Serving

Calories 528

Calories from Fat 351

% Daily Value*

Total Fat 40g 61%

Saturated Fat 21g 106%

Trans Fat 0g

Cholesterol 128mg 43%

Sodium 1176mg 49%

Total Carbohydrate 9g 3%

Dietary Fiber 2g 7%

Sugars 5g

Protein 33g

Vitamin A 38% • Vitamin C 23%

Calcium 47% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.